

AMY JANE STEWART, B.S., LMT
585.261.2648 | ORGANICAJ@YAHOO.COM | CANANDAIGUA, NY

HIGHLIGHTS

I am a professional and deeply caring Massage Therapist with a strong foundation in customer service with the capability to support a broad range of client needs, while managing all aspects of my Massage Therapy practice and Aromatherapy business.

THERAPEUTIC SERVICES

Reflexology	Trigger Point Therapy	Neuromuscular Therapy	Acupressure	Deep Tissue
The Trager Approach	Shiatsu	Aromatherapy	Reiki Practitioner	

EMPLOYMENT

2008 – Present Organica Jane (self employed)

1993 – 2008 Xerox Corporation, Executive Assistant

EDUCATION

2010 Finger Lakes School of Massage, Ithaca, NY

1993 Universite de Haute Bretagne, France, Certificat Pratique de la Langue Francaise

1991 Nazareth College of Rochester, Rochester, NY, B.S. Business Administration; Concentration: French

1990 Université de Haute Bretagne, France, Certificat Pratique de la Langue Française

1989 Community College of the Finger Lakes, Canandaigua, NY; A.A.S in Office Technologies

CONTINUING EDUCATION

2019 Reiki Level One and Two Training, Circle of Spirit

2018 Aromachemistry, Naturopathic CE

2018 The Endocannabinoid System, Heartstone Center for Earth Essentials

2017 Herbal Apprenticeship, Heartstone Center for Earth Essentials

2015 Advanced Clinical Aromatherapy, Level 1, EORC

2014 Aroma-Psychology, EORC

2014 Advanced Formulation Skills for Chronic Ailments, EORC

2014 Aromatherapy & Infectious Disease, EORC

2012 Advanced Clinical Aromatherapy Formulations Master class, EORC

2012 The Use of Essential Oils for Pain Managements, EORC

2012 The Use of Essential Oils in the Cancer Care & Palliative Care Environment, EORC

2011 Deep Tissue – Neck, Finger Lakes School of Massage

2011 Advanced Clinical Aromatherapy Master Formulations, EORC

2011 Introduction to Advanced Clinical Aromatherapy, EORC

2011 Essential Oil Seminar, Robert Tisserand Institute

2010 Acupressure Fundamentals, Cindy Black, LAc, LMT

2010 Shiatsu, Yumi Asakura, LMT

2010	Eastern Approaches to Abdominal Massage, Cindy Black, LAc, LMT
2010	Clinical Aromatherapy for Muscular Skeletal Disorders, EORC
2010	Clinical Aromatherapy for Dermatology Disorders, EORC
2009	Virus, Cancer and Essential Oil Chemistry, Aromahead Institute
2009	Advanced Clinical Aromatherapy – Genito-Urinary Disorders, EORC
2009	Advanced Clinical Aromatherapy – Supporting the Terrain, EORC
2009	Advanced Aromatherapy Certification Program, Aromahead Institute
2009	Advanced Certification Program, Level 2, Aromahead Institute
2008	Advanced Clinical Aromatherapy – Digestive Disorders, EORC
2008	Advanced Clinical Aromatherapy – Pregnancy & Beyond, EORC
2008	Advanced Clinical Aromatherapy Intensive – Exploring the Interfaces of Absorption, EORC
2007	Advanced Aromatherapy – Component Blending Approach, Aromahead Institute
2007	Phytomolecular Systematic Interfacial Aromatic Medicine, Dr. Penoel
2007	The Use of Essential Oils in the Cancer Care Environment, EORC
2007	Advanced Clinical Aromatherapy for Respiratory Disorders, EORC
2006	Aromatherapy Teacher Training, Aromahead Institute
2006	Clinical Aromatherapy for Health Professionals, Jane Buckle
2005	Advanced Clinical Aromatherapy Level 1, EORC
2004	Certified Aromatherapy Program, Aromahead Institute

AWARDS

2019	Professional Women of the Finger Lakes, Women of Distinction Award Nominee
2013	Professional Women of the Finger Lakes, Women of Distinction Award Nominee

ARTICLES

2015	Breastfeeding & Natural Remedies, Natural Mother Magazine
2015	Essential Oils Quick Guide for Wintertime Blues, Natural Mother Magazine
2014	Organica Jane's Quick Guide to Essential Oil Holiday Gifts, Natural Mother Magazine
2014	Essential Oils for Pregnancy, Natural Mother Magazine
2014	Essential Oils Quick Guide to Allergies, Natural Mother Magazine
2014	Essential Oils for Immune Support, Natural Mother Magazine
2013	Essential Oils Quick Guide to Fever, Congestion & Sore Throats, Natural Mother Magazine

MEDIA

2011	REVIEW: Mirbeau Inn & Spa https://www.tripsavvy.com/mirbeau-inn-and-spa-3090069
2011	Mountain Home Magazine
2010	The Dr. Oz Show, Viewer Beauty Secrets http://www.doctoroz.com/videos/viewer-beauty-secrets
2010	The Daily Messenger, Local Woman Demonstrates Home Remedy on TV
2010	The Democrat and Chronicle HER Blog

SKILLS

French language basic conversation, Microsoft Excel, PowerPoint, Word, Outlook; MAC Pages, Keynote

OTHER

2000	English for Speakers of Other Languages (ESL) Traditional Workshop
1996	Literacy Volunteers of America Tutor Training for Basic Literacy